




Adult Immunization Recommendations

KEY

 = to be performed  = to be performed for patients at risk  = contraindicated for pregnant women

What does it mean to be "at risk"?

An "at risk" adult is one who, while currently healthy, may be at increased risk of developing learning, emotional, behavioral, or physical disabilities in the future. Risk may be based on your family history, tobacco use, and other behaviors, such as lack of physical activity, or health conditions, such as obesity or diabetes. If you are "at risk" or are not sure if you are "at risk," talk to your doctor. Your doctor will develop a personal schedule for the frequency of these and other tests or screenings based on your risk factors.

AGE	19-26 years	27-49 years	50-59 years	60-64 years	65+ years
▼ VACCINE					
Tetanus, Diphtheria, Pertussis (Td/Tdap)	Substitute 1-time dose of Tdap for Td booster; then Td booster every 10 years				Td booster every 10 years
Measles, Mumps, Rubella (MMR)	1 or 2 doses		1 dose		
Varicella (Chicken Pox)	2 doses (4-8 weeks apart) for adults without a history of infection or previous immunization, or if at high risk				
Zoster	Contraindicated for pregnant women		1 dose for adults ≥ 60 years, regardless of history of herpes zoster		
Influenza	1 dose annually in the fall if at risk or if desired by patient		1 dose annually in the fall for all adults ≥ 50 years		
Pneumococcal (Polysaccharide)	1 dose only if at risk; second dose at age 65			1 dose for adults ≥ 65 years, even if previously vaccinated	
Hepatitis A	2 doses if at risk and not previously immunized				
Hepatitis B	3 doses if at risk and not previously immunized				
Meningococcal	1 dose; revaccination 3-5 years after first dose for adults who remain at risk				
▼ INFECTIOUS DISEASE SCREENING					
Gonorrhea, Chlamydia	Annually for sexually active females under 25 years	Women at risk annually; if positive, both partners should be treated			
Human papillomavirus (HPV)	3 doses for women				
Syphilis	Men and women at risk and all pregnant women				
HIV	Men and women at risk and all pregnant women annually				
Hepatitis C	Men and women at risk periodically				
Tuberculosis	Tuberculin skin test for men and women at risk annually				

**For complete statements from the Advisory Committee on Immunization Practices, visit www.cdc.gov/vaccines/pubs/acip-list.htm

The Ohio State University Health Plan Inc. created this immunization schedule based on the **Recommended Adult Immunization Schedule, United States, 2009**, published in the Morbidity and Mortality Weekly Report on January 9, 2009 (MMWR 2008;57[53]), and the **Guide to Clinical Preventive Services, 2008: Recommendations of the U.S. Preventive Services Task Force**, Agency for Healthcare Research and Quality Publication No. 08-05122, September 2008.